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Presque Isle Maine 04769
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PATIENT INSTRUCTIONS FOR SMALL BOWEL CAPSULE ENDOSCOPY

Appointment date _____ check in time _____ return time _____

To ensure the best results for your capsule endoscopy of the small bowel, follow your doctor's instructions carefully and completely. You will be returning to the office 8 hours after swallowing the pill. If you have any questions about this prep, please call 764-0679 extension 3

DAY BEFORE CAPSULE ENDOSCOPY

1. Eat breakfast
2. Start a clear liquid diet after breakfast.
3. At 6:00 p.m. drink or take _____
4. From 6:00 until 9:00 p.m. drink LOTS AND LOTS OF CLEAR LIQUIDS
5. **Stop all liquids at 9:00 p.m.**
6. At Bedtime, take one 250 mg Erythromycin with a sip of water

DAY OF CAPSULE ENDOSCOPY

1. Do not take any medication 2 hours before having your exam
2. Do not apply body lotion or powder to your abdomen
3. Wear loose fitting, two-piece clothing. Your upper clothing should be opaque, not sheer.
4. Arrive for your appointment at the scheduled time: _____

CLEAR LIQUID DIET: Any liquid that is clear enough to read through it **Avoid any red liquids as this may appear as blood in your colon.**

- Water, tea, black coffee and soda
- Gatorade, PowerAde, and Kool-Aid **NO RED**
- Popsicles and Jell-o – lemon, lime or orange **NO RED**
- Clear broth or bouillon
- Clear fruit juices without pulp (apple, white grape or cranberry, lemonade)
- You may have hard candy and gum

There is a 24 hour cancellation policy. Cancellations must be made within 24 hours of procedure time during normal business hours.