

Northern Maine Ambulatory  
Endoscopy Center

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Crown Gastroenterology  
Associates

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**IF YOU HAVE ANY QUESTIONS PLEASE CALL US AT 764-0679 EXT. 3**

**AFTER SWALLOWING PILLCAM:**

**RETURN TIME\_\_\_\_\_**

1. *You may drink colorless liquids beginning 2 hours after swallowing capsule*
2. *You may have a light snack 4 hours after swallowing capsule*
3. Check the blue flashing DATA RECORDER every 15 minutes to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact us.
4. Use the *CAPSULE ENDOSCOPY EVENT FORM*, on the reverse side of this page, to note the time of any event such as eating, drinking or a change in your activity. Return the completed EVENT FORM to us when you return the equipment
5. Avoid strong electromagnetic fields, such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
6. Do not disconnect the equipment or completely remove the belt at any time during the procedure
7. Treat the DATA RECORDER carefully. Avoid sudden movements and banging of the Data Recorder.
8. Avoid direct exposure to bright sunlight during the procedure

