



## **HEMORRHOID PREP INSTRUCTIONS**

Aspirin and Aspirin containing drugs must be stopped 5 days prior to your procedure.  
Coumadin, Plavix, Ibuprofen containing drugs, and Arthritis medications must be stopped 3 days prior.  
You may continue to take acetaminophen containing medications such as Tylenol.

### **On the Day of Your Procedure:**

1. You may eat a light breakfast before 9:00 AM
2. **Nothing to eat or drink after 9:00AM**
3. Take any necessary medications with a sip of water.
4. Wear a short sleeve shirt and take a shower.

**VERY IMPORTANT:** You must have someone drive you home, failure to bring a driver may result in your procedure being canceled.

APPOINTMENT DATE \_\_\_\_/\_\_\_\_ CHECK IN TIME \_\_\_\_:\_\_\_\_